



## SUMMER SURVIVAL GUIDE 2010

### Organized/Scheduled Activities

Family Place: We are open every Thursday 10-3pm for questions, appointments, vouchers, library, meetings, use the playroom for an hour, change baby, nurse etc.

Play-In-the-Park @ Lakeside every Tuesday from 10am-11:30am. Hosted by Family Place and CCRR.

Thursdays 12pm- 2pm at Lakeside. Parent run playgroup.

NDCC "Parent & Baby All Terrain" meet Tuesdays 10:30-11:30, June 29-July 26 (\$36)

Mondays "Little Robes" (for families with Aboriginal ancestry) @ the Family Place 12:30-2:30

### Fun Local Any Day Ideas

Gyro park, Cottonwood Lake, Library, Camping (New Denver and Silverton- no mosquitoes),

Lakeside, Cottonwood market, Lions water park, Taghum beach, Nelson pool,

Kokanee Creek Park (Visitors Centre programs, camping, beach, playground, hikes)

CCRR toy lending library (ask at the Family Place if you don't know about this fabulous service)

### Kid Friendly Festivals/Events

**Annual National Aboriginal Day** Saturday June 19<sup>th</sup> at Nelson Rec Centre 12-3 pm

**Fathers Day** at Cottonwood Lake, June 20. Conservation Officers available for free boat rides and fishing, food and prizes.

**Froggyfest** in Vallican/Passmore (between junction and Winlaw) Saturday June 26

**Marketfest** on Baker Street. 6-10pm June 25, July 23 & August 20

**Canada Day** at Lakeside July 1

**Starbelly Festival** in Crawford Bay July 17 &18 (\*\*remember to bring mosquito protection\*\*)

**Nakusp Music Festival** July 16,17 & 18. Raffi is playing this year!

## Home Ideas

- Playdough recipe:

"Smelly" Playdoh

1 cup white flour

$\frac{1}{2}$  cup salt

2 Tbsp. cream of tartar

2 Tbsp vegetable oil

1 pkg unsweetened kool-aid

1 cup boiling water

Mix and kneed well. Store in air tight container and refrigerate ☺.

- Bubbles recipes:

Basic Bubbles	Sweet Bubbles	Magic Bubbles	Color Bubbles
2 T dish soap	1 T corn syrup	1 T glycerin	1 cup liquid tempera paints
1 cup water	2 T dish soap	2 T dish soap	2 T dish detergent
	1 cup water	9 oz water	1 T liquid starch

- Gardening/digging/planting
- Kiddie pool (water or sand)
- Camping /tent (in the yard or house)
- Obstacle course
- Cardboard box painted into castle or other such fun building
- Popsicles made of juice, smoothie or pudding.

Here are some **websites** that have current local events:

[www.discovernelson.com](http://www.discovernelson.com)

[www.ilovenelson.com](http://www.ilovenelson.com)

[www.rdck.bc.ca/nelson](http://www.rdck.bc.ca/nelson)